

Policy Statement of Grantham Swimming Club in Respect of Members Seeking Additional Pool Time with Other Clubs

Swimmers who are Rank club with GSC

In the event that swimmers wish to supplement their training with additional pool time at a second club, the following procedures should apply:

Discussions shall be held early in the process and the Head Coach must be included within all communications, between all parties.

The Head Coach must be involved in the process of choosing which additional club the swimmer attends. It is important that the sessions do not conflict with the work done in Grantham Swim Club (GSC).

The swimmer will remain a Rank club member of GSC.

Any additional sessions will be undertaken to supplement the sessions offered by GSC. It is not acceptable to replace training sessions.

It is not acceptable for GSC Rank club swimmers to be absent from GSC sessions in favour of training with another club. The Swimmer must have a level of maturity and recovery to be able to endure the change in routine and increase in training requirements. If the swimmer cannot cope adequately with the increase in training then the additional sessions are not deemed necessary.

GSC expects its members to compete in various levels of competition, appropriate to their ability. All GSC Ranked members are expected to participate in Club Championships, Leagues (as selected), County Championships, County Team Championships (as selected), Regional Championships and National Standard Championships. In addition, selected Open Meets are also targeted during the competition year and swimmers are expected to represent their Rank club at these competitions.

The swimmer may represent the second club in competition, on the proviso that this does not conflict with any Meets targeted by GSC. The swimmer must also consider their training programme with their Rank club and should avoid missing training for the purposes of competition.

In the event of the swimmer representing their second club in competition, the swimmer is not eligible to claim Club or County records associated with GSC or Lincolnshire County (if the second claim club lies outside of the Lincolnshire County boundary).

Swimmers who are Rank club with a club other than GSC

Should the swimmer decide to undertake the majority of their training with the other club, or undertake sessions beyond those recommended by the GSC Head Coach, then that club will become their Rank club and GSC will become their second club. The Head Coach will cease to have positive input into the swimmer's development and will become a secondary coach to that particular swimmer. Under these circumstances the swimmer will only be permitted to participate in a maximum of 2 sessions per week at GSC, which will be morning sessions, and will rescind their right to a place in a Performance Squad.

Swimmers who are Ranked with another club, but access GSC for additional sessions, should follow the guidance of their Ranked club Head Coach, with regard to Competition participation.

If any of the above conflicts with the requirements of the second club, then the Rank club rulings will prevail.

Any swimmers attending sessions at a second club must first and foremost remain an Ambassador for their Rank club and their actions and opinions must be respectful to their Rank club at all times and must not bring that club into disrepute.
